

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>January 2019</h1>					Call 525-2626 Volunteer and/o to check your Student's account balance! OR email: cafeteria@rosaryschool.com	
	Happy New Year!	1	2 Come by to see the NEW KITCHEN!	3	4 Lunch 3.00 Breakfast 2.50 Milk only .65 Adults 3.75 ~ (PLEASE RSVP by 9)	5
6	7 Whole Grain Waffle Corn Dog Oven Fries Fruit Carrots Cowboy Caviar	8 Scrambled egg/ Biscuit & gravy Chicken Fajita Wrap Beans & Rice Fruit Green Salad	9 Breakfast Pizza Turkey Pot Pie Mashed Potatoes Fruit Wheat Bread	10 Whole Grain Pancakes Pulled Pork Sandwich FRUIT Sweet Potato Fries Baked Beans Celery Sticks	11 Scrambled egg/ Muffin Macaroni & Cheese Fruit Green salad Wheat Bread Cake	12
13 Baked Beans	14 Whole Grain Waffle Hamburger or Garden Burger Lettuce Tomato Pickle Potato Wedges FRUIT Baked Beans	15 Sausage cheese Biscuit Baked Potato w/ Ham, Cheese, or CHILI FRUIT Green Salad Wheat Roll	16 Breakfast Burrito Beef Veggie Stew FRUIT Green salad Cornbread Yogurt	17 Whole Grain Pancakes Grilled Chicken PASTA- Pesto or Plain FRUIT Spinach Salad Garlic Toast	18 Yogurt-Fruit-Granola Parfait/ w/ Toast Cheese Nachos or Taco Salad Refried Beans FRUIT Green salad CINNAMON Roll	19
20 Chef Salads are available Mon - Thurs MUST order with the LUNCH Count before 9am	21 French Toast Ham & Cheese Sandwich FRUIT SOUP Sweet Potato Fries Carrots & Broccoli	22 Scrambled egg/ Biscuit & gravy Baked Ziti Sauteed Zucchini FRUIT Green salad Garlic Toast	23 Breakfast Pizza Chicken & Dumpling Mashed Potatoes Fruit Green Beans Salad Wheat Bread	24 Whole Grain Pancakes Frito Chili Pie (w/ Beef OR Vegetarian Chili) Celery sticks FRUIT Corn Green Salad	25 Scrambled Egg/ Bagel Bean Burrito Spanish RICE Fruit Green salad Carrots & Broccoli	26
27 Catholic Schools Week!	28 Whole Grain Waffle Chicken Sandwich Sweet Potato Fries FRUIT Carrots & Cucumbers Three Bean Salad	29 Sausage cheese Biscuit Baked Potato w/ Ham, Cheese, or Broccoli-Cheese FRUIT Green Salad Wheat Roll	30 Breakfast Burrito Chicken Stir Fry Mixed Veggies Brown Rice Fruit Wheat Bread	31 Whole Grain Pancakes Turkey Hot Dog / chili & cheese Fruit Tater Tots Baked Beans Carrots & celery	Feb1 Student's Choice! PIZZA Carrots Grapes Green Salad ICE CREAM	USDA is an equal opportunity provider and employer

Please join us once or twice a month- **PLEASE** - it's fun! **Even an hour** once in awhile can help A LOT! (And you get a free lunch!) Call to sign up: **525-2626**
A BIG THANK YOU to Parents (and Grandparents- and Great Grandparents-) that have been so helpful this year!!